

Mustard Greens

Brassica juncea · Brassica family

DIFFICULTY Easy
TYPE Annual, direct sown
MATURITY 30–50 days



SUN
Full–part sun



WATER
Consistent



SOIL PH
6.0–7.0



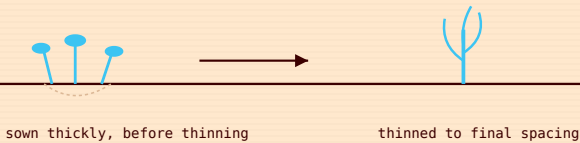
SPACING
20cm



DEPTH
0.5–1cm

01 Peppery and productive

A fast, spicy leafy green that tolerates a wider range of conditions than lettuce or spinach — a good filler crop between slower vegetables.



02 Planting

METHOD	Direct sow thinly.
SOIL	Rich, moisture-retentive.
TIMING	Sow through cooler months for the mildest flavour; heat intensifies the pepperiness.

Planting timing varies significantly by Australian climate zone. Set your zone above (or use the Find My Climate Zone tool) for guidance tailored to your own area.

04 Problems

- **Flea beetle** — small holes in leaves; net young plants.
- **Bolting** — heat stress; grow in cooler months.
- **Aphids** — hose off.
- **Very hot flavour** — usually from heat stress or over-maturity.

03 Growing care

- Keep soil evenly moist.
- Harvest outer leaves for continuous production.
- Succession sow every few weeks.
- Net if flea beetle pressure is high.

05 Harvest & storage

SIGNS	Leaves reach usable size, picked young to moderate.
METHOD	Cut outer leaves or the whole plant.
CURING	None needed.
STORAGE	Fridge crisper, about a week.
PRESERVING	See Freezing Produce (blanching and freezing a glut) for ways to keep a harvest surplus.

06 Companions & rotation

PLANT NEARBY	AVOID NEARBY	ROTATION NOTE
Onion Beans	Other brassicas nearby	Rotate brassicas loosely on a 2–3 year cycle.